
The OFI Monthly

◆ September 2026 ◆

Strong families are built one moment of connection at a time.

Partners and friends,

As we welcome September, we are reflecting on a simple but powerful truth: **relationships matter.**

For children and families who have experienced trauma, separation, or disruption, safe and consistent relationships can be a powerful foundation for healing. A caregiver who shows up, a relative who stays connected, or a professional who listens with compassion can help a child feel something deeply important: I am seen. I am valued. I belong.

Relationships matter for caregivers, too. Foster and kinship caregivers need support, encouragement, and connection as they navigate the complexities of caring for children impacted by trauma. When caregivers feel supported, they are better equipped to create the safety and stability children need.

This is at the heart of the work you do. Every conversation, training, resource, and connection you provide helps strengthen the network of caring adults surrounding children and families.

Strong relationships aren't simply part of well-being—they are the foundation for it. Thank you for the meaningful work you do each day to create greater safety, connection, belonging, and hope for children and families. We're grateful to partner with you in this important work.

Mindy Kiser & Team



Learning with OFI



Trust-Based Relational Intervention (TBRI)

Full Caregiver Training Package- Virtual
\$500/participant

September 15- October 8, 2026
Tuesday/Thursday

24 CEs available through NASW (approval #886954021-6776)



Together Facing the Challenge (TFTC)

Quarter 4 Virtual Staff Training
\$70/ participant

November 9-13, 2026

14 CEs available through NASW (approval #886954021-7391)

TFTC Agency Master Trainer Institute

\$500/ participant

November 17, 2026

In-person training: Nashville, TN

**TRAINING INFORMATION &
REGISTRATION CAN BE FOUND HERE!**

It's Time to Celebrate!

Newly Certified Agencies

Together Facing The Challenge

- Porter-Leath (TN)

Newly Trained Agencies

Together Facing The Challenge

- Gold Society, Inc. (TX)

The logo for Trust-Based Relational Intervention (TBRI) is displayed within a rectangular frame with a blue border and an orange inner border. The text "TRUST-BASED RELATIONAL INTERVENTION®" is written in a serif font on a dark grey background.

TRUST-BASED
RELATIONAL
INTERVENTION®



Registration for our Sept/Oct
Training is OPEN!

Registration closes Thursday 9/2/26

24 CEs available through NASW
(approval #886954021-6776)



REGISTER NOW

September 2026

10 Simple Ways to Strengthen Relationships

This month, try one of these simple ways to connect with the people who matter most.

- **Put the phone down.** Give your full attention, even if it's only for a few minutes.
- **Ask thoughtful questions.** Instead of "How was your day?" try "What was the best part of your day?" or "Was anything difficult today?"
- **Listen to understand.** Resist the urge to immediately solve a problem or give advice. Sometimes being heard is what someone needs most.
- **Create a small daily ritual.** Share breakfast, take an evening walk, have a bedtime check-in, or enjoy a few minutes together before the day gets busy.
- **Notice the good.** Look for opportunities to express genuine praise. A simple "I noticed how hard you worked on that" can go a long way.
- **Make time for fun.** Play a game, tell a silly story, cook together, or find something that makes everyone laugh.
- **Repair and rebuild after conflict.** Relationships don't require perfection. A sincere apology, a calm conversation, or simply saying "Can we try that again?" can help reconnect.
- **Get curious.** People's interests, worries, dreams, and experiences change over time. Keep getting to know one another.
- **Celebrate the little things.** Recognize accomplishments, milestones, acts of kindness, and everyday wins.
- **Be present in the ordinary moments.** Connection doesn't always require a special outing or elaborate activity. Often, the most meaningful moments happen while you're simply doing life together.

Hope is at the heart of what we do

We're proud to share that the Omni Family is officially a Certified Hope-Centered Organization, becoming just the third organization in the United States to earn this distinction from the Hope Research Center!



Hope Centered Curricula: Better Equipping Caregivers and Staff With the Tools and Understanding They Need

Omni Family Institute offers two distinct HOPE programs—HOPE Residential and HOPE-Centered Caregiver—each thoughtfully designed to meet the unique needs of its specific audience. Hope is a tangible process that can be taught to anyone, and Hope-Centered Curriculums give you the tools to do that for those you serve.

Contact us to learn more!

TFTC Mobile App



For more than 30 years, Together Facing The Challenge has helped transform caregiving through evidence-based practices. Now, the TFTC App brings those same trusted tools and resources directly to your mobile device, making support available whenever and wherever you need it.

**How the TFTC app helps
you do your job more
efficiently and effectively:**

Strengthens connections with
caregivers

Convenient access to
resources for coaches and
caregivers

Better communication with
caregivers

Track behaviors and progress
more efficiently

**Contact us to
learn more!**

